

BLOOD PRESSURE LOG

Please keep track of your blood pressures twice a day and bring to your next appointment. If you have concerns about the readings sooner than your next scheduled appointment, please email the log to: PremierMEDNurse@gmail.com

Date:	AM BP Reading:	PM BP Reading:	Notes:
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	
	/	/	